

Monday

Tuesday

Wednesday

Thursday

Friday

1

BBQ Chicken
Whole Grain Bun*
Corn
Fruit Cocktail

2

Spaghetti*
Salad
Apple

3

Turkey and Cheese on a
Whole Grain Bun*
Baby Carrots
Banana

4

Turkey-Ham and
AuGratin Potatoes
Whole Grain Bread*
Mixed Vegetables
Cantaloupe

7

Chicken Penne Alfredo*
Diced Carrots
Pears

8

Meatball Sandwich
Whole Grain Bun*
Green Beans
Apple Sauce

9

Chicken Taco
Whole Grain Tortilla*
Corn
Orange

10

Salisbury Steak
Whole Grain Bread*
Mashed Potatoes
Pineapple

11

Cheese Pizza Slice
Salad
Banana

14

Chicken Patty*
Whole Grain Bun*
Corn
Peaches

15

Goulash*
Green Beans
Fruit Cocktail

16

Cheesy Chicken and Rice*
Salad
Apple

17

Turkey Gravy
Whole Grain Bread*
Mashed Potatoes
Banana

18

Sloppy Joes
Whole Grain Bun*
Peas and Carrots
Cantaloupe

21

Mac and Cheese*
Green Beans
Pears

22

Italian Chicken and Rice*
Corn
Apple Sauce

23

Meatballs
Whole Grain Bread*
Mashed Potatoes
Orange

24

Hamburger
Whole Grain Bun*
Baked Beans
Pineapple

25

Cheese Pizza Slice
Salad
Banana

28

Meatball Penne*
Mixed Vegetables
Peaches

29

Beef and Potato Hot Dish
Whole Grain Bread*
Diced Carrots
Fruit Cocktail

30

All Beef Hot Dog
Whole Grain Bun*
Green Beans
Apple

31

Beef Taco
Whole Grain Tortilla*
Corn
Banana

Our meals follow the Child and Adult Care Food Program (CACFP) standards.
Whole milk served 12-24 months, 1% milk served 2-5 years old.
Menus subject to change based on availability of items.
Menu items marked with (*) are whole grain rich.
www.lisascatering.com | 612-298-6886 | jamie@lisascatering.com