

Monday

Tuesday

Wednesday

Thursday

Friday

4
Meatball Penne*
Peas
Pears

5
Cheesy Chicken and Rice*
Mixed Vegetables
Applesauce

6
Hamburger Stroganoff*
Diced Carrots
Orange

7
Cheese Pizza
Salad
Banana

8
Turkey and Cheese Rollup
Whole Grain Tortilla*
Baby Carrots
Pineapple

11
Chicken Penne Alfredo*
Green Beans
Peaches

12
Meatballs
Whole Grain Bread*
Mashed Potatoes
Fruit Cocktail

13
Hamburger
Whole Grain Bun*
Corn
Apple

14
Chicken Teriyaki and Rice*
Peas and Carrots
Cantaloupe

15
Goulash*
Salad
Banana

18
Mac and Cheese*
Mixed Vegetables
Pears

19
BBQ Chicken
Whole Grain Bun*
Baked Beans
Applesauce

20
Turkey Gravy
Whole Grain Bread*
Mashed Potatoes
Orange

21
Cheese Pizza
Salad
Banana

22
Meatball Sandwich
Whole Grain Bun*
Green Beans
Pineapple

25
Spaghetti*
Peas and Carrots
Peaches

26
Chicken Patty
Whole Grain Bun*
Mixed Vegetables
Fruit Cocktail

27
Beef Taco
Whole Grain Tortilla*
Corn
Apple

28
Chicken Enchilada Hot Dish*
Cucumbers
Honeydew

29
GELC CLOSED

Our meals follow the Child and Adult Care Food Program (CACFP) standards.
Whole Milk served to children 12-24 months, 1% milk served to 2-5 year olds.
Menu subject to change based on availability of items.
Menu items marked with (*) are whole grain rich.